

FIRST CHOICE EMPLOYMENT / TORONTO +
GTA

WHMIS knowledge check.

Review labels, safety data sheets, worker education, and workplace-specific training.

Name _____ Date _____ Score _____ / 10

Instructions

Select one answer for each question. A score of 75% is used for this self-check. Review any incorrect answer with a supervisor or trainer.

This knowledge check is not a WHMIS certificate and does not replace workplace-specific instruction or training.

01 What does WHMIS stand for?

(A)

Worker Health Management Inspection Standard

(B)

Workplace Hazardous Materials Information System

(C)

Workplace Handling Manual and Inspection Service

02 What is usually the first source of information about a hazardous product?

(A)

A supplier or workplace label

(B)

A delivery schedule

(C)

A payroll record

03 Where can you find detailed information about hazards, safe handling, and emergency measures?

(A)

The shipping invoice

(B)

The time sheet

(C)

The safety data sheet

04 Which words may appear as signal words on a supplier label?

(A)

Stop or Go

(B)

Danger or Warning

(C)

Safe or Unsafe

05 Who must make sure hazardous products in the workplace are properly labelled?

(A)

The employer

(B)

Only the worker using the product

(C)

The customer

06 When is a workplace label generally required after a hazardous product is poured into another container?

(A)

Only when the new container is glass

(B)

Never, if the worker remembers the product

(C)

When it is not used immediately or is not under one worker's control

07 If a label is missing or unreadable, what is the safest next step?

(A)

Use a small amount to test it

(B)

Stop and ask a supervisor before using the product

(C)

Guess based on the container colour

08 Does general WHMIS education replace training for hazards and procedures at your specific workplace?

(A)

Yes

(B)

Only on night shifts

(C)

No

09 What is one responsibility of a worker who uses hazardous products?

(A)

Know how to access the SDS and follow safe work procedures

(B)

Rewrite supplier labels without approval

(C)

Choose protective equipment by colour

10 What does a WHMIS pictogram communicate?

(A)

The product's retail price

(B)

The type of hazard associated with the product

(C)

The date a worker started

Questions or workplace concerns should be raised before unfamiliar work begins.

Worker signature _____

Reviewer _____

FACILITATOR AND SELF-CHECK COPY

Answer key and review notes.

01 B WHMIS is Canada's Workplace Hazardous Materials Information System.	02 A Labels alert workers to major hazards and basic precautions.
03 C A safety data sheet, or SDS, gives detailed product safety information.	04 B Danger and Warning indicate the severity of the hazard.
05 A Employers must ensure workplace hazardous products are labelled and apply workplace labels when required.	06 C A workplace label is generally required unless a limited immediate-use or worker-control exception applies.
07 B Do not use an unidentified hazardous product. Report the issue and get the correct information first.	08 C Workers also need workplace-specific training for the products, tasks, and procedures they will use.
09 A Workers should participate in training, follow procedures, know how to access SDSs, and report concerns.	10 B Pictograms are graphical symbols connected to specific hazard classes or categories.

Source guidance

[CCOHS: WHMIS general guidance](#)

[CCOHS: WHMIS labels](#)

[Ontario: Worker awareness in four steps](#)

Prepared August 2026. Confirm current requirements and site procedures before use.